The Sunday Zzz Skate departs at 10:30AM. This is the normal roll out time for the season. Season ends after Labor Day weekend. Changes for 2012 include: longer routes, new streets, and a boycott of Neighbors Pub. Group up location is Piedmont Park (at the 10th Street entrance). See the Zzz skate details below (Note: this is intended for intermediate level skaters). If you are interested in a beginner skate, please consider the 9AM Sunday Beginner Skate. Note: This skate is actively led Memorial Day through Labor Day.
Zzz Skate details:

Pace: 9-11 mph
Distance: 8-10 miles
Duration: 1-1.5 hours
Group up at 10:15AM at Piedmont Park near the 10th St entrance (across from Charles Allen)
Departs at 10:30AM
Brunch around 11:30PM in the Va-Hi neighborhood (location TBD)

Requirements:

Control speed using a heel brake
Helmet
Wrist guards
Cold Water is strongly recommended